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# Trinity Times

May 2008

## NOTES FOR THE JOURNEY

BY THE REV. ANNE KELSEY

A summer storm often announces its arrival with wind, which sweeps across the surface of a small pond in great swaths of ripples and sends the creatures of the woods looking for safety. Wind cannot be enclosed with a hand, but the skin prickles with its touch. Unsubstantial and thin, it can topple trees or power a mill. With no language at its service it sobs around the corners of the house in a storm, disturbing our sleep. Without form it tosses a pile of leaves into the air, scattering them playfully and eluding our best efforts to tidy the yard neatly.

A few weeks ago the wind blew hard in great gusts, pushing pedestrians along the walks as they struggled with umbrellas gone inside out. It was so strong that resistance felt like an encounter with a living thing, pulsing and breathing its demands, but it was impossible not to resist. Otherwise there was serious risk of being shoved into the street or stumbling into a fall. A few years ago on a blustery afternoon the wind blew so hard and sudden that it slammed a bicyclist into the street, causing great injury. The power of the wind is not to be trifled with.

The force of the Spirit's breath at Pentecost didn't break any bones, but it did break through the divisions of language which kept people from understanding each other. Their names parade through the second chapter of the Acts of the Apostles, tumbling over each like raucous children: Parthians, Medes, Elamites, and residents of Mopotamia, Judea and Cappadocia, Pontus and Asia, Phrygian and Pamphylia. . . ." Like modern day London or New York where a babble of languages can be overheard while walking down the street, the languages of the new Christian communities reflected an astonishing diversity. And where there's diversity there's also division. Walls of differing theology, scripture, and tradition threaten not to unite but to scatter, and bitter words are hurled around like bolts of lightning.

The description of the first Christian Pentecost tells us two important things: first, the unseen but real energy of the Holy Spirit gives us the power to speak Christ to the world. Second, it is that same Spirit which enables us to understand each other and to transcend the differences between us. As we welcome new seekers into the community, as the Episcopal Church prepares for Lambeth, and as each of us discerns the Spirit of God within our own lives, we call on that same Spirit to help us know and understand that we are truly one in Christ.

Blessings,

Anne+

## COMING UP

*Pentecost is May 11* – if you can speak a language other than English and would like to participate in the reading of the gospel that day, please contact the rector as soon as possible.

*The last Second Sunday service of the season* will be **May 11** – all are invited to join the lively, interactive worship service in the north parish hall at 9:15 a.m. A snack is provided afterwards, followed by a craft activity for children and parents. The service will resume the second Sunday of September.

May's *Film & Fellowship Forum* will be a capstone. Instead of picking one movie to discuss, we're offering a forum to discuss the best movie you've seen since our group formed in October (we have to set some limit, so...). Be prepared with a brief introduction of the film and the reason you're recommending it to the rest of us.

As a cap to the capstone, Kathy van B. will present our List of Lists, so if you haven't finished yours and e-mailed it to her ([kath@trina.net](mailto:kath@trina.net)), get cracking.

As always, we need volunteers to feed our mouths as film feeds our hearts and minds (and, oh, my, haven't the vittles been right tasty!?). See you **May 13 at 6:30 p.m.** for the last forum until fall. Spread the word.

*Trinity Book Group* will meet at the Friesens' on **May 17** at 7 PM to discuss *The Yacoubian Building* by Alaa Al Aswany. "This controversial bestselling novel in the Arab world reveals the political corruption, sexual repression, religious extremism and modern hopes of Egypt today." Does this sound familiar in any way?

For those who like to read ahead, the book for June is "The Gathering" by Anne Enright, winner of the Man Booker Prize for 2007.

*A workshop for involvement with our companion diocese of Lui* will be held on Saturday, **May 17**, at Church of the Advent in Crestwood, from 9 a.m. – 3 p.m. There will be information on the Millennium Development Goals, hands-on activities, prayer and reflection, and a Lui-style lunch! There is no charge for this event. To reserve a place or ask a question e-mail Michael Kinman at [Mkinman@gmail.com](mailto:Mkinman@gmail.com).

## BUILDING AND GROUNDS

### PARISH WORK DAY SLATED FOR MAY 17

By *Martha Baker*

Blessings on all the fine folks who not only came out on short notice but also watched the skies on April 19. The minute the clouds parted, they *shlepped* rakes and claws and clippers to groom the east side of the church and a bit on the west. In two hours, a dozen groundskeepers beat back invading ivy, collected Corona bottles, divorced peonies from ground cover, and gathered grasses. Several folks danced a jig in the alley trashbin to pack in more yard waste.

The work is far from finished: the northside bordering the alley needs serious detrashing, honeysuckle needs banishing and shrubs need trimming. Inside the church, the pews need polishing, the clerestory windows need washing, and the pew cushions need rebuttoning.

With those chores in mind, your Building and Grounds Commission, comprising vestry members Martha Baker and John Works under the leadership of Junior Warden Alexah Strongheart, has scheduled a workday for **May 17 from 9 a.m. to noon**. Martha will organize projects for the Inside, and John will be the point man for Outside with Alex as Supervisor.

Come for all or part of the morning. Come even if you don't know how to do doodly squat: training programs will be available on the spot. Come if you've always wanted to get to know other Trinitarians while you work together for Good. Come if you have finished Spring Cleaning your own home and long to spiff up your church home. Bring your own gloves, gardening equipment, water bottles, and aprons; Trinity will provide cleaning solutions and rags.

A Challenge: the average age of the dozen workers in April was 72. All good workers, wise and true, but 7bloody2! We comprise the "altarcaca" (pun intended). Question: to whom shall we pass this torch? If you are under 30 – what the heck, if you're under 50! – come on May 17 and dig in. There's plenty of work to go around – the fun just never stops.

In June, after the old iris have struggled to bloom, Martha will hold a workshop on the fine art of replanting irises after checking rhizomes for dastardly borers.

## From the Junior Warden

Many Thanks To: Tom Kirk for replacing the rusted gusset plate on the right front door and to all Trinitarians who helped clean the garden on April 19: Martha Baker,

John Clifford, John Works, Jan Parker, Barbara Uhlemann, Ellie Chapman, Jim O'Bannon, GilFisher, Steve Forsyth, Etta Taylor, and Ted Taylor.

**A Question:** We rarely use the piano in South Parish Hall. Should we keep it or get rid of it? If you have a strong opinion -- one way or the other -- let me know by May 20.

- Alexah Strongheart

## Holy Ground Fence Painting

The Holy Ground Collaborative (congregations in the Central West End working together) will be engaged in its annual "Painting School Fences" program next month, working on another portion of the Mullanphy School fence. This is an extensive fence, and it has been a multiyear project. Lead poisoning is a major problem in St. Louis, where we have three zip codes in our city that have the highest level of lead poisoning in the United States. We are painting the school fence with a non-lead-based paint to cover the present lead-based paint that has been chipping off and spreading lead dust in the school yard.

Please join us on the weekend of **May 17/18** for this project. We will be at Mullanphy Botanical School, 4221 Shaw Ave. (at the corner of Tower Grove, near the Missouri Botanical Gardens) **from 11 am until 4 pm** both days. Paint brushes, rollers, latex gloves, and paint will be provided. You only need wear your painting clothes; food will be provided. Individuals and families are welcome, though youth must be at least 14 years of age to participate in this activity.

On behalf of the Holy Ground Collaborative, we hope to see you on either May 17 or 18 [or both days, if you're particularly motivated] to join our effort to lower the level of lead poisoning concerns in St. Louis! Please email Donald Jeffries at [mariposa51@sbcglobal.net](mailto:mariposa51@sbcglobal.net) to let us know if you're going to work with us. We need lots of volunteers!

## TRINITY ARTS

### Current Exhibit:

Our "Resurrection" opening was a huge success. Many thanks to all who made it happen: Barbara Bradshaw and Jackie Judd for the wonderful reception, Eden Harris and Marjorie Hoeltzel for hanging the exhibit, Carolyn Munch for the music, Rip VanWinkle, Tom Kirk (aka Tommy), Gil Fisher, and Gini Hayes for setting up the North Parish Hall for the event, the rest of the committee, Ron Tompkins, Steve Turner, and Alex Cadenhead, for their work, and, of course, all the artists who contributed. If you have not had a chance to view the exhibit yet, it will be up until June 15th.

### Upcoming Exhibits:

"**Heavenly Beings**" is the title of our next exhibit, and we will be accepting submissions for this exhibit on June 8th and June 15th. The next Opening will be June 22nd, and all are invited to attend.

Our final exhibit of 2008 will be "The Environment." Submissions for this exhibit will be accepted on October 5th and 12th, and the Opening will be on October 19th.

If you have thoughts about themes for future exhibits, please contact Marjorie Hoeltzel, Jackie Judd, or any member of the Arts Committee.

Submissions: Wall-hung artwork only. Please attach wire to the back for installation (please no sawtooth hangers). Attach to the work your name, the name of the piece, the medium, and a short statement (optional).

**For information on the Millennium Development goals, (see article on page 6) check out the website at:**  
<http://www.e4gr.org/giveit4good.html>

## ***SPOT PROGRESS REPORT - APRIL 2008***

*By Kate Worland*

As most of you know, our congregation has completed twelve sessions (including two small sessions of Visioning). These sessions plus those on Purpose and Values, Then and Now, Closing the Gap, and Mission Opportunities used time limits, and structured categories to help us consolidate ideas and prioritize them.

Your SPOT committee continues to meet; that's why you sometimes see Susan Lauber here in church. We have finished and written rough drafts for:

- (1) the demographic information about the neighborhood and about the parish
- (2) interviews of people connected with the neighborhood (police and fire departments, Hamilton School, food ministry clients, and guest preachers)
- (3) descriptions of the Percept strategic planning process and meetings
- (4) and belief statements about our church community. (We have incorporated the expanded Trinity Mission Statement into statements from the Percept parish sessions.)

We are now working to write a few goals and a rough outline of implementation steps to work on during the next five years. Then the report must be edited for clarity, consistency, and simplicity. We intend to present the final report to the Vestry at the first meeting in September.

### **SPOT Prayer**

Assist us, Lord, in living hopefully into the future. In the face of change, help us to set unnecessary fears aside and to recognize our potential for creative response. Help us to develop a reasonable optimism when confronted by "the new" and to guard against our own defensiveness. Be with us as we remember and celebrate former times, and keep us from unreasonable yearning for them, which takes us from the work you have set before us in our time. All this we ask in the name of your Child, our Savior, Jesus Christ. Amen

*-The Reverend Linda C. Smith-Criddle, from  
Women's Uncommon Prayers*

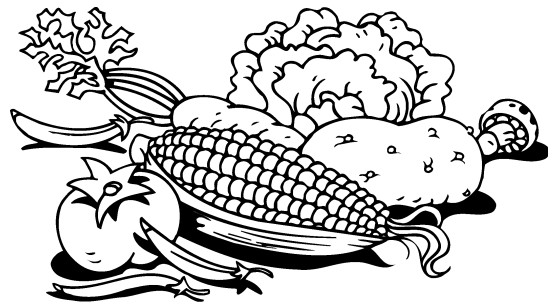
## ***TRINITY FOOD MINISTRY***

It is a joy to work with the folks from the churches which cooperate with us in preparing and serving our neighbors in the hot lunch program. On the first Sunday of April, a group from Metropolitan Community Church prepared salad, macaroni and cheese with hunks of ham steaks, bread and cake. Each neighbor got a plateful and most got a second serving. Some chose to take the second serving home; we wrapped the plates in plastic wrap to help. This church group and all the others who work with us are enthusiastic and committed to the mission of serving the poor. Trinity will prepare and serve again May 25th. Volunteers to help with the preparation and serving of the meal will be appreciated.

We continue to see increasing numbers of folks coming to the pantry for food. Each afternoon new people come. Without regard to where anyone lives, we offer food to every person who comes; most, however, are from the zip codes surrounding the church. In January we served 464, in February 322 and in March 406. These numbers are approximately 50 more each month over the 2007 statistics.

Trinity Food Ministry is blessed to have generous donors. We are able to draw on the food provided through our Sunday food baskets, and food given by other congregations. In addition, Trinity parishioners and other supporters are generous in financial donations so that we are able to purchase produce, eggs, margarine and when necessary canned goods. This ministry is the ministry of the entire congregation and we need the support of everyone to continue to bring canned goods each Sunday. We particularly need canned meat products.

*- Steve Turner*



## Habitat Build Set for June and July

By Anne Hennig

Plans are shaping up for a very unusual 2008 Habitat build. We will be back in the JeffVanderLou neighborhood, but we will not be building directly in Hope Square as we did in 2004 and 2006. The '08 Habitat homes will be dispersed throughout the neighborhood and will unfold in three phases for a total of 27 houses. Our home will be part of Phase One. It will be a two-story with brick façade. The construction cost of the house has held steady at \$64,000. Our Episcopal Habitat for Humanity Project has been a sponsor at the Porch Level (\$30,000 and above). We have partnered for the past several years with Citi (formerly Citigroup), which has contributed the other half of the construction costs and half of the volunteers.

As a result of potential financial constraints both at Citi and within our own consortium of churches, our build this year will be a 3-way partnership. Joining with us will be Travelers Insurance. The Travelers piece of the puzzle comes to us through our own longtime house leader, Matt Wilson. As church budgets are straining, and as we were already projecting a \$7,000 shortfall this year in our EHFHP budget over 2007, we view this new 3-way partnership as a blessing.

After much consulting with the construction department at Habitat, the '08 build schedule will be aggressive, beginning with a blitz build Monday, June 2 through Saturday, June 7. This will be followed by five two-day builds (Friday and Saturday): June 27 and 28, July 11 and 12, July 18 and 19 and July 25 and 26, with Dedication Day on Saturday August 2. This special schedule is contingent upon our providing the funding, leadership and all necessary volunteers for this build. Citi and Travelers feel that it will be very feasible for their volunteers.

Now it is up to us. Partnering congregations have been very generous in the past, both financially and with volunteers providing leadership for this very important ministry. We pray for your continued support. This compressed schedule should afford us some real opportunities for congregations to work together and make this an "event."

Trinity's EHFHP representatives this year are Anne Hennig, Chuck McManis, and Dee Scott. As soon as we meet with the other parishes' representatives, we will be making announcements and asking for volunteers and contributions. To be credited to "our" house, financial contributions should go through the Diocese of

Missouri (Put "EHFHP" or "Habitat for Humanity" on the memo line). If you have construction or landscaping skills and would be willing to act as a crew leader, we need those as well. We also need Safety Observers to carry water, manage the first aid kit, and watch out to help prevent accidents. For more information or to see photos and movies from previous builds, visit <http://www.ehfh.org/>

### GREEN CORNER

#### Think Simple

by Georgiana Cameron

In order to be a "Green" thinking Trinitarian, it does not require us to read and follow the latest Environmental publication.

In every one of us there is a place that really knows a better way. Sometimes it can be as simple as approaching life in a practical manner. As an example - if we go to a Farmer's Market, our eyes feast, we overbuy and then fill every bit of space in the refrigerator - - - - -? Hmmmm! Of course that sounds silly, but it's easily done. Everything looked just wonderful and the bags gradually became heavier and then it was a struggle to get them home. However, that which was once so enticing is now too much and then can become waste. It was a matter of choice, a conscious or an unconscious decision. Buy less, express thanks for both the food and thoughtful choices, and then savor each and every bite.

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Here's an amusing and challenging website from Alexah Strongheart:

<http://crunchychicken.blogspot.com/2008/04/let-it-all-hang-out.html>

The Environment and Spirituality Group meets regularly on the second Sunday of each odd month. Our next meeting will be Sunday, May 11, noon to 1 in the Library. All are welcome!

## PARISHIONER PROFILE

### Barbara Ritchie

By Etta Taylor

Eight o'clocker Barbara Ritchey was having a sort of spiritual crisis in the late 1980s and started coming to Trinity because she had heard that there they had "the best Sunday breakfast in town and it was only a dollar!" Not only did she like what she got to eat, she said she also felt accepted right away. Over the years Barbara feels that she has grown and has gotten both wisdom and grace in her associations here.

Barbara was born was born in Silex, Missouri, about 60 miles north of St. Louis. When she was two years old, the family moved to St. Louis when her father took a job as teacher at the Sanford Brown Business School. Their residence was in St. John's then, and for many years now, Barbara has lived in Overland about a mile from where she grew up. She graduated from Rosati-Kain High School, began college at Fontbonne, but then transferred to the University of Missouri in Columbia. Her degree was in journalism, and her first job was as a public relations copywriter.

In 1959, she married Harry Ritchey, whom she had known since age 10 when he was a patrol boy who took her across the street to school. Sadly, Harry died in June, 1999 in an accident that occurred on his way to Unity Christ Church, where he was a member. Their children, all of whom now live in town, are: Elizabeth, who is mother of six and who works as a CPA out of her home; Daniel, who is in sales with AT&T; and Patrick, who, among other talents, enjoys creating sculpture using recycled materials. Barbara's immediate family includes her mother, age 96, who is in assisted living in St. Charles. As you might imagine, she stays pretty busy.

But busy is what Barbara enjoys. At age 50 she decided to go back to school. From UMSL she received certification in Social Studies and English – and bit later on, also in Journalism. She taught American Literature at Hazelwood East High School for 10 years and retired at the end of May, 2001. She was also yearbook advisor there and is proud to relate that this high school was one of the parties in a 1988 Supreme Court decision limiting press freedom for high schools, so that a school might better control what is published within its jurisdiction.

She still stays busy and currently volunteers in the office of Lifelong Learning at Washington University, and is editor of the newsletter for that program. She really enjoys the theater and goes to Rep and Stages productions regularly. The "Coffee Concerts" at Powell

Hall are a favorite diversion and, of course, there is the Trinity Book Group, which she has attended for "years and years". In the past, she has served on Trinity's Vestry and says that she tried to be on hand at every workday announced. But her retirement plan goes like this: "I got tired of bureaucracy! I will volunteer to help when I can, but will not serve on committees!" Hear, hear..., but don't be afraid to ask Barbara to help. She's good at it!

### Millennium Development Goals: GOOD 4 GIRLS

Last year, Trinity looked at the Millennium Development Goals through artists' eyes. Now there is something everyone can DO to create, not just art, but actual change, especially toward Goals #2, Achieve Universal Primary Education, and #3, Promote Gender Equality and Empower Women.

You may have seen the ads describing how girls in South Africa miss school when they have their periods and how buying "these" tampons or "that" pad will help them. What the ads don't include is that in most of these African areas, waste is burned, including products like sanitary pads and tampons with synthetic components. That means students and teachers may inhale the pollutants emitted.

These girls use rags now. A good alternative to buying commercially made sanitary products to help the girls, but not harm the environment, would be to produce a more sophisticated pad with a waterproof barrier. This pad may be enough protection to allow the girls to participate in daily activities, including going to school. They could continue to recycle their pads by washing them, but additional protection against leaks would free the young women to leave their houses.

A small group of folks at Trinity has agreed to join in a "bee" to sew sanitary napkins for our sisters in South Africa. If this kind of group work does not appeal, you might be interested in helping from home as you have time. If you don't know how to sew, you can help by cutting fabric from a pattern for others to assemble. Still others may support this effort with money to buy the materials to make these reusable pads.

Also, this group needs someone -- or several someones -- who can coordinate times for sewing and for buying materials. If you can organize this volunteer effort, please call me at (314) 741-0225. I'll be happy to help you start this worthwhile task to implement two of the Millennium Development Goals.

If you can sew, cut material, or contribute funds for this project, please e-mail me at [CAStrnghrt@charter.net](mailto:CAStrnghrt@charter.net).

## IN OUR PRAYERS

**We keep in our prayers those who are ill or in need:** Virginia Benson, recovering from knee-replacement surgery; Janet Sanders; Sallie Fuhri; Stephen Nichols, recovering from knee surgery; Michael Bentz; John Drescher; Jan Dunlap; Nancy Cadenhead; Jackie Judd; Dee Scott; Eldright White; Hogan Cercelius.

**...and those with ongoing challenges:** Camilleann Nelson, Kayte Foxworth, Margaret Kane, Emma Johnson, Mary Moore, Betsey Gardner, Joan Dunbar, Jeanie Ader.

**All who work for justice and peace:** Kathi McDonald at St. George's College in Jerusalem; Natalie Holeman teaching in Haiti; Sam Parker at the Institute for Peace in the green zone in Iraq.

**Serving in the military:** Chuck Clement, Chad Clement, Patricia Roddy Jones, Andrew Bredow, Scott Lehrmann, Jim Hall, Martin Burkart, Keith Burkart, Craig Hickerson, JonMichael Bentz, John Worland, and Tony Elkin.

**Family Members:** Joseph Schmidt (and his family), nephew of Georgiana Cameron, in prison awaiting sentencing; Lorene Andris, Jim Andris' mother; JonMichael Bentz, Michael Bentz's son; Dan Clement, Alexah Strongheart's cousin, cancer; Janet Flanders, Alexah Strongheart's cousin, cancer; Eleanor Smart, Annie Smart's mother, recovering from heart surgery; John Miller, Jim Pfaff's brother-in-law, recovering from a stroke; Michael (Tony) Reece, Jackie Judd's son, Barrett's esophagus; William Edwards, Jane Edwards' grand-nephew, bi-polar; John Mayhan, Bill Mayhan's brother, encephalitis; John and Gini Gardner, Betsey Gardner's step-father, terminal bone-marrow disease; Margie, Dolores Friesen's sister now in assisted living; Rebecca Turner, Steve Turner's mother; Adele Holloman, Mary Ellen Anderson's sister; George Van Winkle, Rip Van Winkle's father; Christopher Edwards and Beth Edwards, Jane Edward's nephew and wife

**Friends:** Jim Bourne, friend of Gil Fisher, prostate cancer; Willard Cobb, friend of Darrell Berg, colon cancer; Evvy Cobb, friend of Darrell Berg, lung cancer; Chris Ferry, friend of Jim Pfaff, cancer; Frank Warthen, friend of Brian Alms; Adam Frey, friend of Brian Alms, testicular cancer; Lexie Cunningham, lung transplant, and her grandmother Jeannine Houchin; Mary Russell, friend of Joan Dunbar, hip replacement; Lillye Bryant, friend of Joan Dunbar, Ethelyn Davis, friend of Joan Dunbar; Lucille Morgan, friend of Joan Dunbar; Pam

Conrath, friend of Barbara Bradshaw, breast cancer recurring; Eran Eaton; Steve Post, friend of George and Virginia Benson, Alzheimer's; Lee Willnow, cancer; Sandra Weber, friend of Lisa Carpenter, poor health; Louise Lears, friend of Gil Fisher; Marilyn, friend of Anne Kelsey, lymphoma; Kay Chandeysson, friend of Ann and Bill Baker, stroke; Jeanne Gordon, friend of Martha Baker, recovering from hip replacement; Leon Milsap, friend of Gil Fisher, cancer; Lynn Navey, friend of Gil Fisher, stomach infection; Mary O'Neal, friend of Joan Dunbar; Randy Ford, friend of George & Virginia Benson, cancer recurrence.

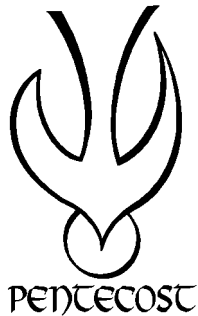
**Clergy of the Diocese:** Hope Benko, Associate at Emmanuel, Webster Groves, expecting her first child in July; Emily Mellott, Associate at St. Peter's, called to be rector of Calvary Episcopal Church in Lombard, Illinois; Sally Weaver, serving as interim in Indiana; Ron Clingenpeel and his family; Ron resigned as the Dean of Christ Church Cathedral, St. Louis.

## MAY BIRTHDAYS

2	Sarah Crawford
4	Nicholas Vaughn-Trell Nesbitt
5	Emma Johnson
6	Carolyn Munch
8	Bob Emert
9	Jeannette Kuchta Lehrmann
11	Eldright White Sandy Singer
12	Dick Woodhouse
13	Anne Hennig
15	Tom Weber
16	Vickie Gray
18	John Drescher Stephen Nichols
19	McKenna Rene Crump-McHugh William Henry Emert Michael Robert Emert
20	Barbara Bradshaw Jim O'Bannon
23	Gil Fisher Langdon Thacher
30	Anthony Gacilos

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**D A T E D M A T E R I A L**

## **SCHEDULE OF SERVICES**

### **Holy Eucharist**

Sunday - 8:00 a.m. (Rite I) and 10:30 a.m. (Rite II)

Wednesday - 6:00 p.m.

Thursday - 6:30 a.m.

### **Morning Prayer**

Tuesday – 7:15 a.m.

### **TRINITY TIMES**

*Published monthly for the parishioners and friends of Trinity Episcopal Church*

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