

One in Faith.
Strong in Love.
Bold in Mission.

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Rector

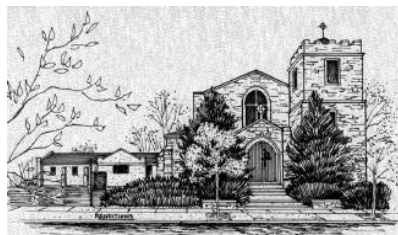
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The Very Rev. Ronald
Clingenpeel
The Rev. Michael Randolph

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Trinity Times

July-August-September 2010

“Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.” (BCP. pg. 375)

Friends,

This is from Rite II Eucharistic Prayer D in our Prayer Book. It is commonly called the epiclesis (pronounced *e-pic-le-sis* or *epi-clesis*) and it is the Invocation of the Holy Spirit over the gifts of bread and wine, and over the people. The epiclesis exists in every Episcopal prayer of consecration. And it is notable for expecting two things.

First, we expect God’s blessing – the Invocation of the Holy Spirit – upon the gifts at the altar. In Eastern rites, it is expected that this is the moment when the bread and wine become the Body and Blood of Christ. We see this as a part of a much broader consecration that includes the recounting of salvation history, the remembrance of Christ’s life, the epiclesis and a doxology. Still, it is at this moment that we specifically ask for God’s blessing upon these gifts.

Second, we expect God’s blessing – the Invocation of the Holy Spirit – upon God’s people. The intention is that we are all one. Bishop Richard Grein used to focus on this point – it is in the Eucharistic Prayer that we ask for the consecration of gifts AND the consecration of people for ministry.

We often cross ourselves during this time in the prayer as a sign that we know God blesses us – but it is not simply a blessing, it is a consecration for ministry. Filled with the gifts of Christ’s Body and Blood, we will be sent into the world to live the Gospel and make Christ’s presence known.

As it is, we come to the altar not only seeking to be fed the Body and Blood of Christ, but to be encouraged and enlivened by the Holy Spirit to do God’s ministry in the world. We, as agents of God’s Grace, are consecrated to live the Gospel wherever we may be.

In Christ,

Ronald +

The Very Rev. Ronald H. Clingenpeel

Pastoral Associate

(The Rev. Anne Kelsey’s sabbatical blog can be found at:

<http://www.newgracenotes.com/newgracenotes/Home/Home.html>)

Marc Smith, Harry Leip Admitted as Candidates for Holy Orders

After meeting with the Standing Committee of the Diocese and our Bishop, our field education student, Marc Smith, and Harry Leip were both admitted as Candidates for Holy Orders. Marc's ordination to the transitional diaconate will be Thursday evening, December 23 at the Cathedral with his ordination to the priesthood on June 24, 2011. Harry will be ordained as a permanent deacon on Saturday, January 29 at 10am here at Trinity.

Please keep Harry and Marc in your prayers as they continue their formation for ordained ministry.

Joe Price Named Full-time Sexton

I'm pleased to announce that, effective April 15, 2010, Joe Price is Trinity's full-time Sexton. During the Wardens' regular meeting in mid-March with our Rector Rev. Anne Kelsey, Junior Warden Michael Haggans recommended making Joe a full-time employee, given Trinity's many needs: keeping our Church clean; maintaining our aging buildings; tending our grounds; and the day-to-day operation of the Trinity Food Ministry (where Joe will continue to be employed 1/3 of the time). In light of these needs and Joe's outstanding performance record, Anne and I agreed that hiring him full-time was in Trinity's best interests. We had a full discussion of the issue at the April Vestry meeting on April 8th. The Vestry authorized me to offer the position to Joe. He accepted the offer on April 14th.

We're lucky to have Joe as our sexton. Please congratulate him, the next time you see him! If you have any questions about this decision, don't hesitate to ask me.

- Dave Hilditch, Senior Warden



Trinity Parish Retreat

June 4-6, 2010

By Carolyn Munch, with input from Lisa Carpenter and Harry Leip

"All past transformations in natural and human cultural evolution were made possible only by the collapse of what was inadequate. As we face into the difficult but inevitable collapse of the present industrial economy, let us see it as a portal opening to a more beautiful, integrated way of living in balance with the greater web of being. This perspective can give depth and meaning to our lives."

Sister Miriam Therese MacGillis, Genesis Farm founder

We are in a time of change. Humanity has been consuming more and more of the earth's resources, and has been returning less and less. We are challenged to find balance in the give and take of our natural resources. We are entering what Thomas Berry called "the Ecozoic age - - the age when humans [must] live in harmony with nature and the Earth." We must consider moving away from a view in which creation supplies all our needs to one in which we consider and participate in the respect and renewal of our mother earth.

This was the focus of the 2010 Trinity Parish Retreat. As many as 30 Trinitarians journeyed to Todd Hall Retreat Center near Columbia, IL, for fellowship, renewal, challenge, and consideration of our existence in the cosmos. Our retreat facilitator was Fr. Maurice Lange, a Roman Catholic priest formerly associated with the Community Supported Garden at La Vista, in Godfrey, IL, and currently the director of Eco-Justice with the Franciscan Sisters of Our Lady of Perpetual Help, in Kirkwood, MO.

The retreat weekend was a wonderful time of food, fellowship, and fun, while, at the same time, a time of prayer, contemplation, and challenge. We began on a Friday night with getting to know each other through fun ice breakers provided by Harry Leip. Maurice then inspired us to get in touch with the natural world, in asking us to recall a personal, meaningful memory of being in nature. The Friday evening session culminated with Compline prayer led by Fritzi Baker, and concluded with social time.

The Saturday sessions included new faces of parish members who had just arrived. In addition to music, and videos featuring prominent eco-spiritualists Sister Miriam Therese MacGillis and Thomas Berry, there was

VESTRY REPORT

By Carol Cradock

ample time for quiet solitude and consideration. The day ended with a *Cosmic Walk*, which is a symbolic re-enactment that helped us enter personally into the Creation story. Participants walked along a long rope laid out in a spiral that represented the entire story of the unfolding and gradual differentiation of the Universe and the Earth from the beginning to the present. For example, the beginning of life on Earth was marked, as was the first flight of birds. It ended in the present.

On Sunday morning, after breakfast, we gathered by the beautiful outdoor labyrinth for Morning Prayer, with singing, and preaching by Fr. Maurice.

It was a wonderful weekend. Comments included: "I wish I could have come for the whole weekend," and "I almost didn't come, but I'm *so* glad I did!" And the success of the retreat was due in great part to Lisa Carpenter, Joyce Daughaday, Jim Andris, and Harry Leip, who guided the retreat planning from its inception to its completion!

One very meaningful thing that I noticed upon leaving the center was the sign at the exit: "You Are Now Entering the Mission Fields." *Now is the challenge.* Now is the time to put into action things such as recycling, buying local produce, conserving energy, and all actions that ultimately give back to our earth.

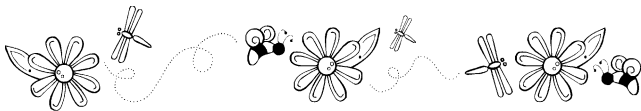
For more information, please check out these web sites:

<http://www.fsolph.org/director-of-eco-justice.php>

<http://www.genesisfarm.org/>

<http://www.thomasberry.org/>

<http://www.brianswimme.org/>



COMING UP

Trinity's **Film and Fellowship Forum** will meet again on **September 14**. For our discussion, bring the title of one movie you've seen in the summer -- whether in a theater or on DVD or on late-night TV. See you at 6:30 on the 14th for light snacks and good talk.

The Spirituality Committee is not going to meet during the summer. Our next meeting will be in September. Happy Summer!

The new Vestry has been meeting at the regularly scheduled time on the second Thursday of each month. Pat Way volunteered and a motion was approved to have Pat switch from her one-year term to fill the vacant two-year term left by Rip Van Winkle's resignation.

The size of the Vestry is an ongoing topic. Discussion of the issue included a comparison with other parish vestry sizes, the workload involved in Vestry membership and personal considerations. Senior Warden Dave Hilditch suggested getting input from our own parish members and a research effort from other parishes. A more formal discussion will occur when the Rector returns from Sabbatical.

Barbara Uhlemann's treasurer's report included an anticipated increase of the budget deficit for 2010 due to unbudgeted expenses including hiring of the full-time sexton, the cost of health coverage and pension for this position and the new parish office computer. The Food Ministry's budget remains as usual with the bulk of the funds given designated for food purchase with a far less amount given for general operating expenses. The Food Ministry uses the general fund for payment of part of the Sexton's salary and for non-food materials.

Junior Warden Michael Haggans reported on several improvements to the facility, the most obvious being the replacement of some of the glass panels in the south parish hall. Michael emphasized that this work is only a temporary fix: the estimated 5-year expectancy of the repairs needs to be addressed, perhaps by a capital campaign. In addition, several leaks and resulting failing plaster have been repaired. Michael also announced a parish workday.

The Parish Life Committee chaired by Pat Way and Jeff Farris led the planning for the Strawberries and Cream party and the parish picnic with assistance from Kate Worland. It was recommended that a point person be selected to serve as a liaison between family and church for funeral receptions.

Various positive reports from the recent parish retreat were given. Thanks were expressed to Lisa Carpenter and her committee for the planning and successful execution of the retreat enjoyed by more than 20 parishioners.

A reminder: *Vestry meetings are open to all parishioners.* Meetings are held the **second Thursday of each month at 6 pm**. Input from all Trinity members is appreciated: if you have issues, concerns, paeans or problems, be sure to contact any vestry member.

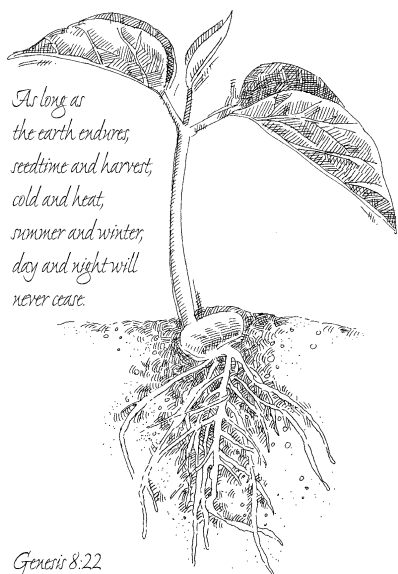
TRINITY FOOD MINISTRY

Sometimes there are interesting comments to make in a food ministry report; some months our work is more routine. The latter is the case for May 2010. We served 458 during that month, a few less than the 507 we served during May 2009. Many Trinity parishioners and others have donated clothing which has been gratefully received by the clients of our pantry. Though all are encouraged to have their blood pressure monitored and an invitation is issued to all to discuss any health issues with our parish nurse, about half the folks who come for food on Wednesdays consult with her. Actually, this percentage is very good and she has had some very fruitful discussions with clients. Our supply of food is good and we have the finances to purchase canned food, produce, eggs and margarine. We have distributed all the food given to us from the Boy Scout Food Drive and now we are purchasing much more canned food than in previous months. Several churches are also generous in donating food to our pantry.

Likewise, the Sunday Hot Lunch continues to serve our neighbors. Some Sundays the numbers have been overwhelming - 92 folks came on one recent Sunday. The South Parish Hall barely accommodates large numbers like this. We manage! And everyone gets at least one plate of food - sometimes a second plate.

A routine month - yes! But we are doing what we set out to do - feed the poor, heal the sick, and within our limits clothe the (no so completely) naked.

- Steve Turner



Art Work Sought for Diocesan Publications

We are seeking your artwork for publication in *Seek* and online. Photographers, digital artists, textile artists, painters, illustrators, sculptors: digital photographs of any genre of work will be accepted. We publish essays from diocesan members, clergy and lay, to share the successes and challenges of our shared life in Christ. Some of us offer profound evangelism through our created works of art. We want to honor these stories of Christian life, too.

The Editorial Board and Offices of the Bishop will choose one or two selections for each *Seek* issue. Our first theme was "Celebration." Celebration is such an integral concept for us as Episcopalians. We celebrate the Eucharist, we celebrate sacraments, new ministry; we celebrate the life of the departed.

Upcoming topics will be "**Reconcile**," submission deadline **September 17, 2010**; and "**Whole Heart**," submission deadline **November 12, 2010**.

Chosen artwork will be published with a brief bio of the artist and small photo, and a statement about the work and how it relates to that call's theme. Artists selected will receive our thanks and a small token of appreciation from the Offices of the Bishop. Please send one or two high resolution digital images of your work, your name and contact information, a brief bio and a brief description of your work as it relates to Celebration (If artwork file size is under 5 MB, send by email, if larger by CD.) Submitting the image of a work for publication consideration implies your consent for the Diocese of Missouri to publish that representation in diocesan publications (print and online), with attribution to you. Not all artwork submitted will be published. All submissions are welcome.

Digital files may be emailed to communications director Beth Felice at bfelice@diocesemo.org, or phone us to make other arrangements, 314-255-1387.

PROFILE

Sherman Valley, Food Program Volunteer Counselor

Thursday clients of the Trinity Food Ministry have an additional resource in the sympathetic ears of Sherman Valley. Since 1978, Mr. Valley, or “The Reverend,” as some call him, has dispensed referrals to the Saturday morning food pantry at All Saints’ Episcopal Church north of Trinity on Kingshighway, along with patient listening skills.

“It’s not about me,” he says from the child’s chair he occupies in the Sunday School room next to the Food Ministry office in the North Parish Hall. “It’s about listening to the clients, taking their limitations into account, and telling them the truth.”

A Viet Nam veteran medically retired in 1974 after a parachute accident caused nerve and bone damage which still plague him, Mr. Valley attended Western Baptist Bible College, where he was selected for Clinical Pastoral Education training at St. Louis University. He came to Trinity as an intern through a partnership with Care & Counseling, and continued as a volunteer. “It’s been a long and sometimes tedious journey,” he says, “but it has become a labor of love.”

He was in “survival mode,” Mr. Valley says, after his military service, but experienced grace, and learned to pray, in his theological training – he graduated in 1981 with a degree in human services. In his earliest days at Trinity, with Sister June Gustafson heading what was then called the Resource Counseling and Referral Service, the emphasis was on counseling. Gesturing to his ears, he says that with each client he prays to hear and respond, inquiring about their education, work experience and goals, and waiting until they allow him to make suggestions about how they might proceed. He keeps voluminous files on his contacts with clients, though the only concrete assistance he is authorized to offer is the referrals to All Saints’ for those who come through Trinity’s Food Program. He mails some of those referrals to senior citizens but insists that younger clients come in to see him.

Mr. Valley’s space in the parish hall is sacrosanct on Thursday afternoons; he talks at whatever length is necessary to those who seldom get such concern, and he does not brook interruption. “You are the most important,” he tells the clients. And that is something that many of them don’t often hear.

He was uninvited, but not unwelcome... (from the June 30 edition of iSeek, the diocesan online publication)

This past Sunday, we celebrated Mass on the Grass, a service of Holy Eucharist in Tower Grove Park during Pridefest. It's a collaboration of the Oasis congregations of the diocese, begun by Trinity-CWE. This year Bishop Wayne presided and Archdeacon Mark preached. And again, we had our protester of loud voice. The sound system was not a match for his vigor, and each of us had to choose our reaction or non-reaction during the sermon, the prayers, at communion. At the end of the day, a beautifully written post appeared online, describing that moment of reaction as a holy one. The author, Hoang-Anh Tran, is a poet and writer who recently relocated from Berkeley, CA, where she worked with Church Divinity School of the Pacific. Tran holds an MFA from the University of North Carolina, Wilmington, and was a Fulbright Fellow to Viet Nam in 2004. She currently lives in St. Louis where she blogs periodically about faith, writing, culture, and hybridized identities. Here is one paragraph...

...At the beginning of the service, I was quite irritated at the man. Of all the places available throughout Tower Grove Park, he selected this location to preach *his* gospel, which he tried to pass off as the Gospel of God's unfailing Love. I wanted him to leave, to let us worship in peace. Many times, I was tempted to go to him and ask him -- politely -- to leave. Then, as we began to sing "I Love to Tell the Story," it occurred to me that perhaps this is what is meant to happen. Perhaps this is what it means to be challenged in our faith. Living as Christians, serving as faithful disciples, means that we must wrestle on a daily basis with the ignorance and intolerance of the world, and triumph over them as Christ has shown. We are "sent forth in the power of the Spirit" to proclaim the redeeming love of God to the World. Unlike the man shouting negativities at our backs, we are to tell the story of love, peace, justice, and reconciliation. We are not just to ignore stories of hate but to replace them with something far more restorative. It would be easier to tell our stories when no one is shouting hate words at us. Yet we are not asked to retreat from the world, to scurry away from people like this man who has warped God's message of love, acceptance, and reconciliation. We are not told to ignore and walk away, but to engage, discuss, reconcile, and transform. We counter words of hate and prejudice with words lifted from songs and stories of Jesus and His love...*The complete article online...*

JULY AUGUST SEPTEMBER BIRTHDAYS

7/02	Ellen Elizabeth Weber	8/16	Virginia Benson
7/05	Jill McGuire	8/18	William Roth
7/06	Annie Smart	8/21	Lisa Will-Smith
7/07	The Rev. Brooke Myers	8/21	Mimi Will
7/07	Margaret Anne van Bakergem	8/25	John Works
7/11	Dean Bradley	8/26	Steve Turner
7/12	Walt Moore	8/27	Andrew Moore
7/13	Jan Dunlap	9/01	Carol Cradock
7/14	Ted Taylor	9/04	Lawrence Holmes
7/15	John Uhlemann	9/03	Martha Bradley
7/15	DeMarcus Allyn Winston	9/04	Suzsanne Singer
7/18	Beth Moore	9/04	Helen Hendry
7/23	Rhonda Cagle	9/08	Ron Gregory
7/24	Etta Taylor	9/08	Charles McManis
7/28	Steve Gray	9/14	Mary Moore
7/30	Perry Bascom	9/16	Mary Crawford
8/01	Jeff Wunrow	9/20	Lynn Mark
8/03	Jan Parker	9/20	The Rev. Anne Kelsey
8/04	Julien Worland	9/21	John Clifford
8/07	Dee Scott	9/21	Ron Tompkins
8/08	Jan McAllister	9/24	Ellie Chapman
8/08	Ann Watts	9/24	Christina Krug
8/13	Annie Hoffmeister	9/27	Margaret Kane
8/14	Mary Jennifer Weber	9/28	Matthew Lucas-Barrett
8/15	Tracie Gregory		

IN OUR PRAYERS

Stephen Nichols, recovering from hip surgery; Margaret Meserve, back surgery; Rip Van Winkle, recovering from cancer surgery; Steve Turner, continuing recovery; Michael Randolph; Michael Bentz, recovering from surgery; Charlene Wright, pneumonia; Jeannette Lehrmann, recovering from spinal injury; Joan Edmonds, heart problems, infection; Jane Edwards, recovering from back surgery; Dee Scott; Nancy Cadenhead, recovery from cancer; Virginia Benson, shoulder surgery 7/9

...and those with ongoing challenges: Martha Ficklen, Kayte Foxworth, Margaret Kane, Joan Dunbar, Dick Weber, Jackie Judd, Sallie Fuhri

For our Rector, Anne

Serving in the Military: Mittency Pastard, Chuck Clement, Jeremy Wall, Chad Clement, Patricia Roddy Jones, Martin Burkart, Keith Burkart, Craig Hickerson, John Worland, Tony Elkin, Jeff Holzbauer

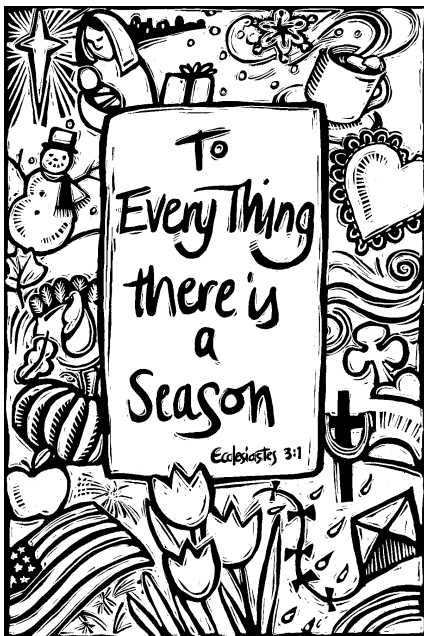
Family Members: Grace Royer, Rip Van Winkle's sister, spinal surgery; Judith Todd, wife of Jesse Todd; Christy Glenn, Marjorie Hoeltzel's granddaughter; Hannah and Lucas fox, Jeff Wunrow's cousins, cystic fibrosis; Adele Holloman, Mary Ellen Anderson's sister, Alzheimer's; Margaret Haggans; Dorothea Forsythe; Dee Farris, Jeff Farris' mother, cancer; Margorie Faith-Holler, Joan Dunbar's cousin, COPD; William Edwards, Jane Edwards' grand-nephew, Beth Edwards and Christopher Edwards, Jane Edwards' nephew; Warren Frank Moseley, Cynthia Fox's son

Friends: John Bell, friend of the Wrights, heart and breathing problems; Terry, friend of Anne Marshall; Eric Rathbone, friend of Jim Pfaff, stomach cancer; Mary O'Neal, friend of Joan Dunbar, diabetes and amputation; Don, cancerous tumor; Lanora Bland, friend of Lois Weber, COPD and ongoing health problems; Janet, friend of the Wrights, cancer; Bill and Ruth Boothby, friends of Darrell Berg, Alzheimer's and depression; Maxine Ele, friend of Brian Alms, lung cancer; Tom Wagen, friend of Brian Alms, orthopedic problems; Joyce Huber, friend of Jim Andris, ovarian cancer; Anna Mason, infirmities of age; Arianna Dougan, friend of Karin Layher; Ron Irwin Moeller, friend of Barbara Bradshaw and Jane Edwards, cancer; the Rev. Hugh Edsall, friend of Joan Dunbar; Dee, breast cancer; Jeanne Gordon, friend of Martha Baker, dealing with a variety of ailments

Mourning: Jeff Farris, Chuck McManis, Bob Emert and Family, Dorothy Fisher, Jackie Judd, Dorothy Porcello, Vince Llacer

TRINITY EPISCOPAL CHURCH

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SCHEDULE OF SERVICES

Holy Eucharist

Sunday - 8:00 a.m. (Rite I) and 10:30 a.m. (Rite II)

Wednesday - 6:00 p.m.

Thursday - 6:30 a.m.

TRINITY TIMES

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