



Notes for the Journey

The Rev. Anne Kelsey

It was a display in a bakery window that caught my eye: rows and rows of white skulls made of sugar, decorated with sequins, gold foil, and green, pink, and yellow icing. Each bore a name written on the forehead - Jose, Maria, Alfonso. It was mid-October and the people of Oaxaca, Mexico were already preparing for the festival called The Day of the Dead. Instead of going out dressed in costumes on the eve of All Saints, the day we call Halloween, children in Oaxaca would be making their own small altars. These would have sugar skulls with their own names on them, tiny baskets filled with nuts, little cups with hot chocolate, incense and candles. These altars were smaller versions of the larger family altar. On All Saints Day there would be mass at the church, and the next day, November 2nd would be the trip to the cemetery to decorate the graves of relatives, followed by a picnic and ending with fireworks.

The celebration of the Day of the Dead grew out of the blending of Aztec and Catholic cultures and their beliefs about the dead and how their spirits continue, and relate to the living. In Mexico there is generally a greater level of comfort with death, and it isn't seen as morbid for children to have skulls with their names on them, only a reminder that we are all mortal, the annual remembrance of those who have died.

Many years after that first exposure to Dia de Los Muertos I was living in Oakland, California, where the large Mexican population celebrated this fiesta in the traditional way adding American components. The Oakland Museum had an exhibit of non-traditional altars for the Day of the Dead created by local artists, each of whom had taken the customary forms of the altar and given them new meaning.

As an experiment the next year I created an altar for our home, gathering a large variety of objects for decoration and enlisting the children's help. Small tins became pedestals for sugar skulls found in a Mexican grocery store. Heaps of flowers, including the traditional marigolds, and many candles formed a backdrop. It's traditional to put candies and favorite foods of the deceased on the altar, and since I'd once mentioned how much the girls' father had liked a gin and tonic on a hot day, they insisted that I make a gin and tonic complete with lime to grace the altar. Then we added pictures of our family members who had died, and lit the candles. We stood together in front of the flickering candles and I said aloud a prayer from the Book of Common Prayer. "It's okay to cry, Mom," said my youngest daughter.

Each year since then I've made a family altar before All Saints Day. Each time it's a different creation, and each time it brings both sorrow and joy into my heart as I remember the ones I loved who don't walk the earth any longer. This year I'd like to suggest that we create a Trinity Day of the Dead altar for the feast of All Saints, and bring the names or very small pictures of those we want to remember to place on it. We can ask the children and the artists among us to help us decorate, and we can tell them stories about the people we love who have gone before us. We can cry unashamedly for the grief we still carry, and find comfort in the strength of our common faith, rejoicing that the love we share in Christ Jesus will be with us on our journey in this life and the next.

Blessings,

Anne

NOTES FROM THE COMMUNITY

PARISH DIRECTORY

Copies of the new directory are still available in the parish office.

WOMEN'S SPIRITUALITY GROUP

The next meetings of the Women's Spirituality Group will be Wednesday, October 6 at 6:30 and Sunday October 17 (time TBA). On October 6th, we will discuss giving. We will use an article from the August 2nd *New Yorker* ("The Gift" by Ian Parker) to launch the discussion. This article tells the story of Zell Kravinsky, who finds giving, even beyond giving one of his kidneys, "the start of a moral life." Contact Georgia Johnston (johnstgk@slu.edu or 776-6273) for more information or to be put on the email group list. All women are welcome.

MEN'S PRAYER GROUP

Next Men's Prayer Group meeting will be on Saturday, October 16th at 9:30 AM in the Church Library. Bring your Bible and join us for an hour of fellowship, discussion and prayer. Bring a friend if you wish. For information call Reuben Rigel at (314) 306-0703.

PREACHER-IN-TRAINING

Martha Baker will be traveling to Washington, D.C. to take a course at the College of Preachers for lay preachers. She is also taking a preaching course at Eden Seminary this fall, and will be in our pulpit in the coming months.

DISCERNMENT COMMITTEE

A Discernment Committee has been formed for Matthew Owings. Michael Sampson, Mary Moore, Martha Bradley, and the Rev. Bill Baker will be meeting with Matthew on a regular basis as he discerns his call to ministry.

BUT HE LOOKS SO YOUNG!

George Benson is a great-grandfather! Tyler Gabriel Livermont was born on Sept 24 to George's granddaughter Sarah. Baby, parents, and grandparents are fine -- great-grandfather is still getting used to his new status.

RALLYING FOR WORK: SEPTEMBER, 2004

A few of us worked on some necessary projects. Tom Kirk welded the broken fence in the W parking lot and repaired the broken pump in the Memorial Garden. Nancy Cadenhead finished painting the Sunday school easel help in the nursery. She and Tommy and Hazel Kirk painted all of the baseboards in the upstairs nursery. Vander Corliss built the top for the NPH trash surround. Last time I failed to mention that Steven Nichols has been an intrepid painter in the NPH. He even taught us some of his Uncle Denzel's professional painting tricks. My apologies, Steven, for the late kudos.

Mark your calendars for a Rally Day on Oct. 9. We need lots of hands to paint the exterior of the South Parish Hall, a good job for families. Bring your scrapers and paint brushes!

OUTREACH TO HAMILTON SCHOOL

Parishioners generously donated backpacks and school supplies for children at Hamilton Elementary School in the Skinker-deBaliviere neighborhood. On September 8, Harry Leip, Cheryl Sharpe, Michael Sampson, and Anne Kelsey delivered them to a first grade class. Thanks to the Outreach Commission and to all who contributed to this effort. As the principal said, "This means so much to the children. You'll never know how much of a difference you have made."

SAINTS NEED MITTENS, TOO

When we delivered those school supplies, the principal told us that many of the young children do not have warm hats, scarves, gloves, or mittens. As the next step in building our new relationship, the Outreach Commission would like to collect all of these for our first-graders.

As you know, this is the time of year when hats, mittens, and scarves are on the shelves of many stores; they're often on sale. The next time you pass one of these displays, please think about the children at Hamilton and pick up whatever your budget permits. If you're a knitter, this is also the perfect time to pick up your needles. We'll collect all contributions -- store-bought and hand-made -- on Sunday, October 31st, the eve of the Feast of All Saints.

CALENDAR OF EVENTS

BLESSING OF THE ANIMALS

OCTOBER 2

Observe the feast of St. Francis and see how The Pets Of The Parish have changed over the last year! Are they aging better than their people?

EVENSONG AND HISTORY NIGHT

OCTOBER 3

Using the first American Prayer Book of 1789 for Evensong, we will begin our sesquicentennial celebration on Sunday, October 3 at 6PM.

After Evensong, we'll have a delicious dinner of soup and bread prepared by Etta Taylor. Then Martha Baker and Etta will lead us through a time-line of Trinity's history.

FALL INQUIRER'S CLASS

OCTOBER 10, 17, 24, NOVEMBER 7, 14, 21

A six-session class for those new to the Episcopal Church or for those who would like a refresher on the basics will be offered. We will cover the prayer book, sacraments, liturgy, some history, and the structure of the church and address questions and concerns from the participants. If you are interested, please see the rector. All sessions will be held at about 12:30 p.m. following the 10:30 a.m. service on Sundays.

PARISH WORK DAYS

OCTOBER 9 AND NOVEMBER 13

CLEAN UP AT ST. JOHN'S

OCTOBER 9, 8AM-2PM

Please bring your own cleaning supplies, so that they have enough to go around. Contact Christine Cannon, Senior Warden, to volunteer. Her e-mail is ccannon@kingdomhouse.org.

St. John's is located at 3664 Arsenal St., just a few buildings west of the intersection of Arsenal and Grand.

INSTALLATION OF NEW RECTOR AT ST. JOHN'S

OCTOBER 14

Bishop Smith will install The Rev. Teresa Mithen as Rector of St. Johns at 7PM. Please show Trinity's support for this urban parish by attending.

WEDDING!!!!

OCTOBER 16

You're invited to celebrate the marriage of Barbara Grothe and Lawrence Holmes on Saturday, October 16 at 4:00 pm at Trinity. Cake and Champagne will be served after the service. No gifts, please. To help us in ordering refreshments, RSVP to lawrenceholmes@earthlink.net or leave a message at 314-862-0255.



OCTOBER FUN-RAISER

OCTOBER 16

After the Grothe-Holmes wedding, head to the Corliss home (5082 Westminster) for an evening of fun and conversation. Kim and Vander Corliss are opening their home for the sort of social give-and-take that marks Trinity get-togethers. Tickets are \$15.00; you can get yours during coffee hour. If you're inclined, Kim and Vander would welcome hot or cold appetizers, a sign-up list for which is in the South Parish Hall.

DEDICATION AT HOLY COMMUNION

OCTOBER 23

The Church of the Holy Communion at Jackson and Delmar will celebrate its renovation at 9:30 a.m. Bishop Smith will officiate at the dedication, to be followed by a festive Arts and Crafts Bazaar. The Bazaar will be open until 4:00 p.m. and continue the next day 11:00 a.m. to 2:00 p.m. Local artists will display their works, including jewelry, shawls, purses, other fashion accessories, and many handicrafts.

(Calendar continues at bottom of Page 8)

NEW TRINITY FOOD MINISTRY DIRECTOR

Steve Turner has been appointed the Director of the Trinity Food Ministry. Steve has offered his services as part of his time and talent contribution to the parish, and has been on board and at work since the beginning of September. Steve has been a volunteer in the pantry since January. He is a long-time member of Trinity, and has served as the senior warden, the co-chair of the search committee, as well as a chalice bearer and reader. His long experience with the nursing school at Barnes-Jewish Hospital and years in human resources will be an asset to the management of the ministry. [However, he was observed emerging from the office somewhat cross-eyed after a session on the TFM spreadsheet!]

In the coming weeks he will take the required course from the Health Department, as well as the test that follows, as he continues to help all of us keep this important ministry running well. Steve will be working with the rector and the TFM Advisory Board as we move forward.

WANT TO HELP THE FOOD MINISTRY?

On Sunday, October 31 Trinity will provide the Hot Lunch. Freda Stelzer is heading the team of cooks and servers, so please talk to her if you'd like to help. The bread run also could use more volunteers - it's easy, about once every six weeks picking up bread donations from the Bread Company on South Grand and transporting them to the church. See Steve Turner if you'd like to help.



CLERGY EXCHANGE CHURCHES

On Sunday, October 31, the rector and the Rev. Brooke Myers will exchange churches. Anne will celebrate and preach at the Episcopal Church of the Holy Communion in University City, and Brooke will celebrate and preach here at Trinity. Please give him a warm Trinity welcome that day.

WELCOME GIVEN TO NEWCOMERS

A lunch was held at the rector's home on September 19th for newcomers at Trinity, with food provided by former newcomers Robby Giunta, Jeffrey Simbeck, Carol Cradock, and Sandy Knaebel. We welcomed Georgia Johnston, Betty Sharp, Rolly and Nora Peterson, Matt Bear, Ted Jackson, Helen Schultz-Kamadulski, Beth Dockery, Ed Swarnes, Chris Severs, Cindy Curran, Stephanie, Dave Hilditch, and Annie Smart. We shared stories about how we arrived at Trinity over delicious food, and a good time was had by all. Those newcomers who missed this lunch can look forward to another in three months.

A GREAT BIG THANK-YOU

Have you looked around the church building lately and thought that it looked really good? If you have, then tell Kate Worland, intrepid Junior Warden, who has made it all happen. She's done so much it's hard to keep up - Bill Ader said "Don't stand still or Kate will paint you!" She spent the summer making sure that our facilities look better than ever; new carpet in the church office, the food ministry office, and a Sunday School class were long overdue. Painting the north parish hall, organizing the work days, and getting Julien to do the drill work on the south parish hall door were only a few of her many contributions.

OF ARTISTIC INTEREST

Congratulations to Michael Haggans and daughter Kiri Haggans, who have a joint exhibit of their photography displayed at the new Northwest Coffee Shop on Laclede Avenue. The photos are of Scotland, where Kiri spent the past academic year and Michael and Kate visited.

CELEBRATE HOMECOMING AT TRINITY NOV. 6

BY KATHY VAN BAKERGEM



Plan now to participate in our Homecoming Festival on Saturday, November 6th. All parishioners are invited to “come home” again and join in this joyful celebration of our close, diverse church family! For the last 14 years, we’ve used the festival of Homecoming as an excuse to spotlight and highlight a wealth of special talents in our community, and I’m hoping that this year’s talent show will prove to be the very best ever!

Can you do a magic trick or juggle or dance or sing? Can you play a musical instrument or recite a poem? Are you a comic, a mimic or a mime? Can you read a story or write in rhyme? Can you cook, can you sew, can you do a do-si-do? Contact Bill Ader (361-4655, trinity-cwe@sbcglobal.net) soon and reserve your spot on our show! Let’s see some new faces along with the old hands this year, not only up on stage, but out in the audience as well.

The festivities will start with a potluck supper at 6:00 p.m. in the south parish hall followed promptly by the talent show at 7:00. If you’ve never attended this event before, I urge you to mark your calendar and plan to join us on the 20th. It’ll be an evening of entertainment and celebration for all. Join us!



REFLECTIONS FROM 9/11 SERVICE

For the Holy Ground 9/11 Memorial Service, Anne offered these reflections by The Right Rev. Desmond Tutu. They are from his book *No Future Without Forgiveness*.

“There is a movement, not easily discernible, at the heart of things to reverse the awful centrifugal force of alienation, broken-ness, division, hostility, and disharmony. God has set in motion a centripetal process, a moving toward the center, toward unity, harmony, goodness, peace, and justice, a process that removes barriers.” (p. 265)

“To work for reconciliation is to want to realize God's dream for humanity - when we will know that we are indeed members of one family, bound together in a delicate network of interdependence.” (p. 274)

“It is crucial that we keep remembering that negotiations, peace talks, forgiveness, and reconciliation happen most frequently not between friends, not between those who like one another. They happen precisely because people are at loggerheads and detest one another as only enemies can. But enemies are potential allies, friends, colleagues, and collaborators. This is not just utopian idealism. The first democratically-elected government of South Africa was a government of National Unity made up of members of political parties that were engaged in a life-and-death struggle. The man who headed it had been incarcerated for twenty-seven years as a dangerous terrorist. If it could happen there, surely it can happen in other places. Perhaps God chose such an unlikely place deliberately to show the world that it can be done anywhere.” (p. 280)

“Our experiment is going to succeed because God wants us to succeed, not for our glory and aggrandizement but for the sake of God's world. God wants to show that there is life after conflict and repression - that because of forgiveness there is a future.” (p. 282)

OCTOBER BIRTHDAYS

- 1 Denver Wright
4 Samantha Jimerson, Thomas Kirk
5 Darrell Berg, Kayte Foxworth
6 Cassandra Griffin
8 Barbara Uhlemann, Pamela McLellan
9 Jackie Judd
10 Margaret Emert, Jean Ensell
11 Charles G. Williams, Laura Anne Kirk
14 Eryka Porter
15 Chuck Havener
17 Cariana McLellan
21 Natasha Watts
24 Warren Work
28 Joan Dunbar
29 Kate McKay
31 Sidney Jimerson

GIFTS RECEIVED

In memory of **The Rev. Francis Washburn**, by the
Rev. Anthony Morley

From the estate of **Valla Abbington**

Books for the Trinity Library from **Larry Sather**



PRAYER LIST

Intercessions are received by the rector for the coming month; they stay on the list for one month. Please remember these persons in your own prayers during the week. We pray for everyone on this list during the Holy Eucharist on Wednesday evening.

THE PARISH FAMILY

Dee Scott
Camilleann Nelson
Kayte Foxworth
Jerry Copeland
Margaret Kane
Frank Oakes
Sirvella Oakes
Teresa Bundstein
Jackie Judd
Emma Johnson

FOR THOSE WHO HAVE ASKED FOR OR WHO NEED OUR PRAYERS

Bud Cale, brother of Ann Watts
Barbara Kelsey, mother of Anne Kelsey
Alric Dunbar, brother of Joan Dunbar
Frank Schottler, friend of Anne Hennig
Adele Smith, mother of Greg Smith

BIRTHS

Mason Byrom, grandson of Reuben Rigel
Tyler Livermont, great-grandson of George Benson

DEATHS

Elizabeth Flynn Schneider
Katie Niegergerke, Jane Edward's sister (August 14th)
Lewis Handy, former parishioner (August 23rd)
Lorraine Cummings, Katherine Bockmeier's mother (September 3rd)
Irene Van Winkle, Rip Van Winkle's mother

DISCERNMENT

Matthew Owings

And Keep In Mind.....

The National Gay and Lesbian Task Force presents its Annual “Creating Change” Conference November 10-14 at the Millennium Hotel in St. Louis. The website for the conference is www.creatingchange.org.

The Lutheran School of Theology and the Episcopal School for Ministry are offering two workshops:
Advent and Christmas in the Year of Matthew on Saturday, October 23

Critiquing Popular Religion: Decoding “The DaVinci Code” on Thursday, November 11

These are one-day workshops, each with a fee of \$35.00. You can find out more by writing to LST-Metro St. Louis Coalition, 6325 Clayton Road, St. Louis, Missouri 63117

The National Conference for Community and Justice and the First Unitarian Church, one of our Holy Ground neighbors, present “Building an Inclusive Community” on Saturday, October 30, from 8:30-5:00. This is a community awareness workshop where you will, among other things, “create a personal action plan to build an inclusive community.” The fee is \$125.00. Call Richard Stimac at First Unitarian for more information. You can also write him at camits1@aol.com or visit the web address www.firstuustlouis.org.

The Holy Ground Collaborative needs your help at a Fence-Painting at the Mullanphy School, 4221 Shaw, east of Tower Grove Avenue. The painting is scheduled from 0AM-4PM on October 2 and 3. Painting fences cuts the risk of lead exposure from old and peeling paint. Call Maris Berg for more information. Her telephone number is 314-997-1567; her e-mail is bergmaris@sbcglobal.net.

The St. Louis Symphony Woodwind Quintet will perform at St. Mark’s Church at 3PM on Sunday, October 17th. The concert is free. The church’s address is 4714 Clifton Avenue in South St. Louis; the phone number is 314-832-3588.

The Annual Diocesan Youth Overnight is set for October 29 and 30. The overnight begins at 7:00 on Friday evening and ends at 9:00 the following morning. Call the Diocesan Youth Office for more information.



Food For Thought from a member of the Parish Family

Dear Trinity Family,

Sometimes in life things can get a little rough. We need something to hold on to, like a rope. The Bible gives us many such ropes:

I'm too tired.	"I wait on the Lord to renew my strength"	Isaiah 40:31
I am lonely.	"He will never leave me, nor forsake me"	Hebrews 13:5
I have financial worries.	"My God shall supply all my needs"	Philippians 4:19
I am depressed.	"The Lord my God will enlighten my darkness"	Psalms 18:28
I am tempted.	"God will not let me be tempted beyond my strength"	1 Corinthians 10:13
I am feeling guilty.	"Renew a right spirit within me"	Psalms 51:10
I am tense.	"Peace I leave with you"	John 14:27
Someone has wronged me.	"If God be for me, who can be against me?"	Romans 8:31
I have too much to do.	"He performs that which is appointed to me"	Job 23:14

Let's talk about the last one! If you really think you have too much to do, make a list. Is it as long as you thought it would be? Longer? Can it be rearranged? Have you volunteered too much? [Is Church on that list?](#)

Don't let it pull you down. Pick out which is most important to you and back off the others while you catch your breath. Overload can keep you from Church, but **don't** let it. We need everyone, but you can't do everything.

Remember – **"We all need to do a little to get a lot done."**

Love & Light,

Jeannette

(Calendar continued from Page 3)

OASIS FESTIVAL EUCHARIST AT THE CHURCH OF THE ADVENT, CRESTWOOD

OCTOBER 24

OASIS welcomes the Church of the Advent as the fifth participating congregation in our diocese. The service begins at 6PM with a pot-luck celebration to follow. The Church is at 9373 Garber Road in Crestwood. For directions, call 314-843-0123.

INSTALLATION OF NEW RECTOR AT ALL SAINTS

OCTOBER 31

Bishop Smith will install The Rev. John Blair as Rector of All Saints at 7PM. All Saints is at 2831 North Kingshighway. Many of you remember John from his days at Trinity in the 1990's, so please show up and help celebrate!

SCHEDULE OF SERVICES

Holy Eucharist

Sunday - 8:00 a.m. (Rite I) and 10:30 a.m. (Rite II)

Wednesday - 6:00 p.m. (except June, July, and August)

Thursday - 6:30 a.m.

VESTRY MEMBERS

2005

Barbara Ritchey
Tom Weber
Kate Worland

2006

Virginia Benson
Kate Haggans
Harry Leip
Jan Parker

2007

Kim Corliss
Nancy Cadenhead
Michael Sampson
Cheryl Sharpe
Jeff Wunrow

TRINITY TIMES

Published monthly for the parishioners and friends of Trinity Episcopal Church

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